

## **You have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost**

Under the No Surprises Act (NSA), health care providers need to give patients who do not have insurance or who are not using insurance an estimate of the bill for services.

The “Good Faith Estimate (GFE)” includes this form, a detailed fee schedule and checklist of the services offered by your specific provider, and a signing page. At the time of the initial phone consultation, you would be informed of the charges for the diagnostic interview and costs of various session lengths. You will receive a “Good Faith Estimate” in writing at least 1 business day before you are scheduled for your diagnostic interview. This will be provided through your Patient Portal and must be signed virtually. I do not want you to be surprised when you receive a statement with a balance. I want you to know in advance what the cost of your treatment will be.

You have the right to dispute a bill if you receive a statement or bill that is at least \$400 more than predicted for a particular service based on the fee schedule you received. If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days of the date on the original bill.

### **Disclaimers**

1. The GFE is not a contract and does not require that you obtain the designated services from the identified provider.
2. The GFE is only an estimate of services reasonably expected to be furnished at the time and final services or charges may differ.
3. Additional recommended services may be part of your care in the future, but are not reflected in the GFE.

For questions or more information about your right to a good faith estimate, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call 1-800-985-3059.